



Schools for Every Child

Supporting Children in School with Medical Conditions and First Aid

We are an education Trust that is committed to running dynamic, ever-improving schools. We work to make sure that every child feels they belong in their school where they feel safe and inspired by learning. For us, learning is an adventure. It is a privilege and a responsibility for all who work with us to ensure that the journey through school is exciting, challenging, caring and enriching, and that every child experiences joy, wonder, calm and success.

Approval Level	CEO
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"The purpose of governance is to provide confident, strategic leadership and to create robust accountability, oversight and assurance for educational and financial performance". (DfE)

Approval History

Committee Approval	Status	Next Review Date
Education & Standards 7th February 2024	Review in progress Submitted for Ratification Live Policy	April '25

This procedure works in conjunction with the following SEAMAT policies and procedures that are all available on the SEAMAT web site

- Accessibility plan
- Attendance Policy
- Child Protection and Safeguarding Policy
- SEND Policy
- Supporting pupils with medical conditions

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Introduction and purpose

Our schools are an inclusive community which supports all pupils. Any medical condition whether long or short term may result in periods of absence from school, create barriers to learning and affect social, emotional or physical well-being. It is therefore important that we work in collaboration with all parties; the governing body, school staff, parents/carers, pupils and health and social care professionals and other agencies.

Our aim is to support all children in school, including those with medical needs, both physical and mental health conditions, to play a full and active role in all aspects of school life, remain healthy and achieve their full potential.

Roles and Responsibilities

The Trust Board Must

- Ensure the Local Governance Board fulfil their responsibilities (as outlined below).
- Ensure the roles and responsibilities of those throughout the Trust involved in the arrangements to support medical conditions are clear and understood by all.
- Ensure robust systems are in place across the Trust to implement and quality assure the training of staff with responsibility for supporting students with medical conditions.
- Approving and reviewing this policy

The Governing Board must, as part of their Safeguarding duties ensure;

- That arrangements are in place to support pupils with medical conditions so that they can have a full education and the same rights to admission and can access and enjoy the same opportunities as their peers.
- School leaders consult and work with parents/carers, pupils, and relevant professionals, to ensure the needs of children with medical conditions are met and effectively supported and that parents feel confident that school will provide effective support that makes them feel safe.
- That staff are sufficiently supported through training, and have awareness of risk assessment, alternative provision, reintegration, transition needs and monitoring of individual care plans.
- Ensure that the health of the pupil or others is not put at risk
- Ensure that procedures and systems are effectively followed and monitored.
- That the school is following the DfE guidelines.

The Local Authority must

- Promote co-operation between all relevant parties.
- Provide advice and guidance to ensure support specified can be delivered effectively and support pupils to attend full time.
- Make arrangements for suitable educational provision.
- Make arrangements for a child who will be away from school for 15 days or more (consecutive or cumulative in a school year) because of health needs

The Headteacher must ensure

- The policy is developed and effectively implemented.
- All staff are aware of their roles and responsibilities- including induction to new staff.
- Sufficient numbers of staff are trained and supported.
- That there are contingency and emergency plans in place.
- Pupils are not penalised for their attendance record if absence is related to their medical condition.
- That Individual Healthcare Plans (IHPs) meet the needs of the pupil and school and that staff are insured to cover medical arrangements.
- That risk assessments are completed.

All school staff must

- Understand the Medical Conditions Policy.
- Know who the designated first aiders are and follow health and safety procedures and guidelines.
- Know which children in the school community have medical conditions and individual care plans and the procedures they need to follow.
- Ensure pupils with medical conditions are not excluded unnecessarily from activities in which it is safe for them to take part.
- Be aware of how any medical condition may affect learning and therefore support pupils appropriately.
- Liaise with the person responsible for medical conditions should concerns arise.

First Aiders must

- Give immediate help to any child with illness or injury.
- Ensure emergency medical help is sought where needed
- Be responsible for safe storage of medicines.
- Ensure that accidents, medicine administration, and treatments are logged, and illness observed, and that relevant parties are informed where necessary.

Inclusion Leader must

- Update medical conditions policy.

- Know which children have medical conditions and which have additional needs due to their condition/s and ensure relevant staff awareness.
- Ensure necessary arrangements are made for intervention or access arrangements.
- Liaise with child, parents/carers and other professionals and specialists in order to understand and best support a child's medical needs and any associated needs resulting from this.
- Ensure that Individual Healthcare Plans (IHP's) are written alongside relevant professionals and updated as needed and monitored.
- Monitor progress and achievement of those with medical conditions

Health Care Professionals, such as GP's, Specialist Health teams and Paediatricians must

- Notify the school nurse team when a child is identified with a medical condition which will require support in school.
- Provide advice, support and information for children with medical conditions including the development of IHP's

School Nursing Team must

- Be responsible for notifying schools regarding children with Medical Conditions which require support.
- Support the provision and implementation of IHP's, and provide advice liaison and training.

Parents/Carers must

- Provide up to date information regarding their child's needs including to those who lead out of school activity clubs their child attends.
- Ensure that all nominated contact details are updated
- Ensure all equipment and medication is in date and on the premises as needed
- Attend appointments and provide relevant documentation
- Ensure IHPs are in place and up to date if needed
- Work in partnership with schools and other professionals to ensure actions identified on IHPs are carried out

The pupil themselves must where possible

- be encouraged to provide information themselves on how their condition affects them and how they can best be supported
- be encouraged to take responsibility for managing medicines and procedures reflected in IHPs

- inform staff if feeling unwell

All Pupils must

- treat each other with respect
- know how to respect medicines
- inform staff if another pupil is unwell or injured

Administration of Medicines and Record Keeping

Written records will be kept to protect staff and children and provide evidence that correct procedures are being followed. The administration of medication will be given only in the case of the following;

- a) as set out in an Individual Healthcare Plan (See below)
- b) when it would be detrimental to a child's health or school attendance not to do so. (See below)

Medication will be given by a designated member of staff and witnessed by a second adult ensure that the right amount of the right medication is given to the right child at the right time. Both members will sign the records which will show with pupil name, date, dose, medicine and time.

Any reaction to medication will be documented and parents/carers informed as soon as possible.

If a child refuses medication, parents/carers will be informed as soon as possible.

Individual Healthcare Plans (IHP)

Individual Healthcare Plans help to ensure that schools can effectively support pupils with medical conditions in such cases where the condition can fluctuate, long term needs, or those which need high risk emergency intervention. An IHP will be drawn up in consultation with parent/carer, pupil as appropriate, school staff and healthcare professional/s. It may identify training needs. They

- ✓ Safeguard all parties
- ✓ Provide clarity about the condition and what needs to be done, medication needed when, by whom and steps taken by the school to help the child manage their condition and overcome any barriers in getting the most out of their education. There may also be a separate transport plan in some circumstances.
- ✓ Show how they might work with other services
- ✓ Outline any emergency procedures needed.

Copies of IHPs will be kept in class by CT and in the medical room for immediate information. It will be the parent/carer's responsibility that they remain updated and in line with the

most current needs, medication and support. However school or other Healthcare professionals can request they be updated also at any time.

The process for developing IHPs and what should be included, can be found in appendix A and B.

a)SEND-where a child has a medical condition and also has a Special Educational Need the IHP should be linked to or become part of the EHC.

b) Medication not covered on IHP

Children may require medication in the short term in order that they are able to continue to attend school regularly. Where possible, we will encourage medication to be administered at home. However, if medication is required during the school day, then a parent/carer will be required to complete and sign permission on the 'Request for School to Administer Medication' form and give to the office staff at the same time as the medication. This details written instructions from the parent or the pharmacist.

Prescribed medication should only be accepted if it is in date, in the original dispensed container, clearly labelled with instructions for dose, and storage. The administration of the medicine must match that of the information given on the completed pink form.

Medication for pain relief should not be accepted and given to pupils under 16 if they contain Aspirin, unless prescribed.

Other pain relief should never be administered without first checking max dosage, when previous dose has been taken and parents must be consulted.

(The exception might be Insulin where it may be inside an insulin pen or pump when brought to school)

It is the parent/carers responsibility to collect and supply each day as necessary.

Intimate Care

Intimate care is any care which involves carrying out an invasive procedure to intimate personal areas-such as cleaning a child after they have soiled themselves.

The child's dignity should be preserved with a high level of safety, privacy, choice and control, following child protection procedures.

Intimate care that will be needed on a regular basis to ensure the child is safe and to meet any medical or hygiene needs, will be addressed in the form of an Individual Care Plan, drawn up and agreed by all parties including the child where appropriate. This will state the procedures and support that will be provided. On each occasion intimate care undertaken

will be logged and signed by the adult/s. A second adult whilst not necessarily involved in the care, should be in the vicinity to ensure safety of child and adult alike.

Both members will sign the records which will show with pupil name, date, actions given and time.

Supporting Toileting

There are occasions where children are at a stage where they are unable to clean themselves properly, or may have had an accident which means that intimate care will be needed. In these circumstances, the child will be supported to achieve the highest level of autonomy, which is possible for their age and/or abilities. As adults acting 'in loco parentis', it will mean that they will encourage the child to do as much as possible for themselves, providing guidance and reassurance. In some situations where a child is very young or unwell, the adult will need to ensure the child is made as comfortable and safe as possible taking hygiene needs into consideration. It will be explained to the child as appropriate. The support given will be logged and as with all children, another adult needs to be in the vicinity to countersign the log. Parents will need to be informed at the earliest opportunity.

Asthma

Children requiring an inhaler for the relief of asthma will have an asthma plan. They will, where appropriate be encouraged to self-administer according to given instructions. Their inhaler will be accessible by being kept in a central place, a safe box, within their classroom. The child will inform a member of staff that their inhaler is required and will be supervised in its administration. A list of children who require an inhaler to be kept in school. It is the parents/carers responsibility to ensure the inhaler is in date.

If a pupil needs to use their inhaler, then this should be recorded and signed in their partnership book, by the supervising adult, stating time and number of puffs taken.

Adrenaline Pens

Children who require an Adrenaline Pen will have an IHP which will outline triggers, signs and symptoms and steps to be taken should a reaction occur. One pen will be kept in the safe box in class and another centrally in the medical room. The pack will be taken on all out of school visits. A copy of the IHP will be kept with both pens.

Staff are trained to administer adrenaline pens according to local health guidelines and annual training.

Epilepsy- Buccal Midazolam

Children who require Buccal Midazolam for epilepsy will have an IHP which outlines triggers, signs and symptoms and steps needed to be taken should a tonic-clonic seizure occur. Staff working with the children will be trained to administer medication as required. Medication

will be stored alongside the care plan in the class safe box and in the medical room. It is the parents/carers responsibility to ensure the medication is in date.

Emergency Procedures

As part of risk assessment processes, arrangements will be in place for dealing with emergencies for all school activities wherever they take place.

All IHPs should clearly define what constitutes an emergency explaining what to do.

If a child needs to be taken to hospital school staff will stay with child until parent arrives or accompany child by ambulance.

Storage of Medicines

(Apart from Inhalers/Adrenaline Pens)

Any medication administered in school, will only be given as part of an IHP or a parent/carer request form and permission. Medicines will be handed directly to school office accompanied by appropriate documentation. The medicines will be stored according to storage instructions but away from child access.

There are washing and toilet facilities away from teaching areas to maintain high standards of hygiene.

Separate bins are used for disposal of First Aid materials and a sharps box will be used for disposal of any needles.

Parents will be given unused medication at the end of treatment to dispose of in the correct manner.

Infectious Disease or Illness

The school takes guidance from the School Nurse Team and from the document 'Management of Specific Infectious Diseases' from the Public Health group Sept 2013. The only exception to this is sickness, when we say that a child cannot be in school for 48 hours following the last bout and providing they are eating properly.

Daily management of injuries/ illness

Section 3 of the Children Act 1989-provides a duty on a person with the care of a child (who does not have parental responsibility) to do all that is reasonable in all circumstances for the purposes of safeguarding or promoting the welfare of a child. All accidents/injuries are dealt with as soon as possible.

Cuts and grazes are cleaned with water where possible, or by baby wipes. Plasters or dressings are applied if appropriate. First aid kits are taken out for play and lunchtimes by a nominated staff member. There is also a first aid kit in each class area so that minor injuries can be dealt with and logged straight away.

Knocks and bumps have an ice pack/cold compress applied if appropriate. The office are advised of any knocks/bumps to the face or head. The primary parent/carer for the child is contacted by text to inform them of the injury. If, on assessment of the injured child, the office first aider has any concerns, the parent/carer is telephoned to discuss the injury and the concerns. At this point, the Office team usually request that the child is taken home from school for close observation or medical attention by parents/carers. First aid protocols will be followed and medical attention sought immediately as required.

Day Trips/Sporting Events/Residential Visits

We actively support and encourage pupils with Medical Conditions to be able to participate in all events offered.

Staff will be aware of the impact a medical condition may have on a pupil's participation. We will make any reasonable adjustment for pupils to participate according to their own abilities unless there is evidence from a clinician to state that this is not possible.

A risk assessment will be carried out prior to the event, so that planning arrangements take into account steps needed to ensure inclusion. This will require consultation with providers, parents/carers, pupil and relevant professional to ensure the pupil can participate safely, and documented accordingly.

Staff Training

All staff and governors understand the school's emergency procedures.

Each member of School Team and Health Community understand their roles and responsibilities in order to maintain effective support in school for pupils with Medical Conditions.

Staff are trained, as required, to support pupils with medical conditions at school, on a day to day basis and in what to do in an emergency situation.

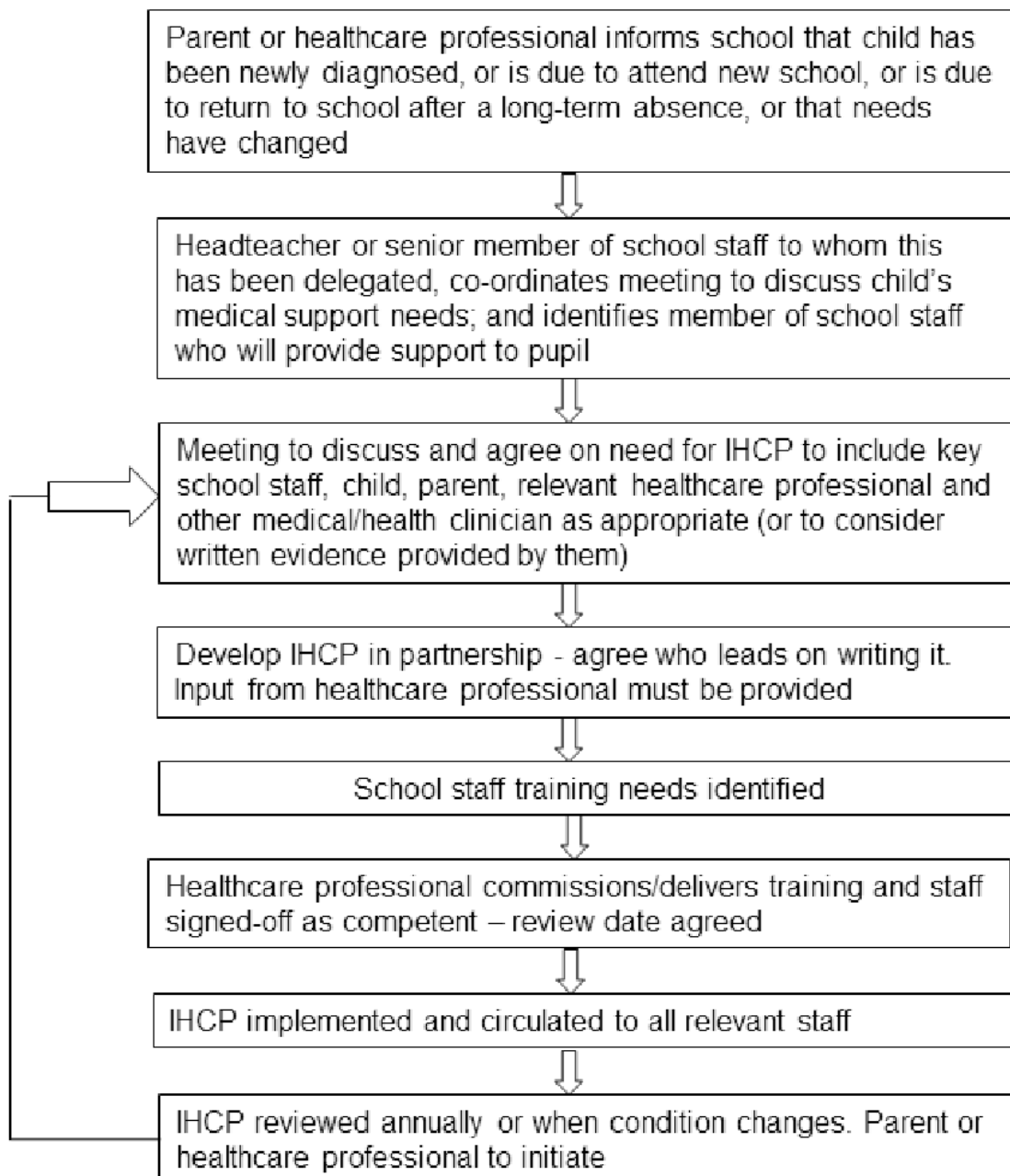
Staff are aware of the need for confidentiality at all times.

First Aid Training is provided to school staff and updated in line with Local Authority Guidelines.

Some members of staff are trained in Paediatric First Aid.

Risk Assessments are undertaken for all school visits, residential visits, sporting events and extra-curricular activities.

Appendix A



Appendix B

When deciding what information should be recorded on individual healthcare plans, the governing body should consider the following:

- the medical condition, its triggers, signs, symptoms and treatments;
- the pupil's resulting needs, including medication (dose, side effects and storage) and other treatments, time, facilities, equipment, testing, access to food and drink where this is used to manage their condition, dietary requirements and environmental issues, e.g. crowded corridors, travel time between lessons;
- specific support for the pupil's educational, social and emotional needs – for example, how absences will be managed, requirements for extra time to complete exams, use of rest periods or additional support in catching up with lessons, counselling sessions;
- the level of support needed (some children will be able to take responsibility for their own health needs) including in emergencies. If a child is self-managing their medication, this should be clearly stated with appropriate arrangements for monitoring;
- who will provide this support, their training needs, expectations of their role and confirmation of proficiency to provide support for the child's medical condition from a healthcare professional; and cover arrangements for when they are unavailable;
- who in the school needs to be aware of the child's condition and the support required
- arrangements for written permission from parents and the headteacher for medication to be administered by a member of staff, or self-administered by the pupil during school hours;
- separate arrangements or procedures required for school trips or other school activities outside of the normal school timetable that will ensure the child can participate, e.g. risk assessments;
- where confidentiality issues are raised by the parent/child, the designated individuals to be entrusted with information about the child's condition; and
- what to do in an emergency, including whom to contact, and contingency arrangements. Some children may have an emergency healthcare plan prepared by their lead clinician that could be used to inform development of their individual healthcare plan.