



TRUST NEWSLETTER

CEO FOR THE DAY

On the 20th of July was our CEO for the Day, and it was a genuine pleasure from start to finish. Eight pupils held the trust's senior posts for the day: CEO, COO, CFO and Estates Lead, each with a deputy. None of them were handed the roles. They applied, they were interviewed, and they were selected on the strength of what they put forward, which is exactly as it should be. Those who were not appointed were written to individually, just as they would be for any job, and received a letter of appreciation for putting themselves forward.. Every one of them arrived dressed for the job, several in full suits, and they carried themselves accordingly.

The day was a real one, not a ceremonial one. They visited each of our three schools, carried out health and safety inspections, did some woodworking, reviewed lessons, worked through finance tasks and took part in HR activities. They then met with heads to plan an agenda, and finished by meeting with members. They asked sharp questions and they did not let anyone down. They also recorded an assembly, which you can [watch here](#). As part of the tradition, Malcolm from North Crescent, this year's CEO for the Day, will have his photograph mounted in the HQ office alongside the historic post holders, with a name plaque. That wall matters. It says that a child from one of our schools stood in this role and is now part of the record of who has led this trust.

It is a rite of passage for our Year 6 pupils at exactly the point when they are about to leave us, and it tells that leadership is not a thing that happens to other people. They see the job, they do the job, and they leave knowing they were capable of it. Change makers of the future: **"Prepared for the world that awaits"**

This year's lucky pupils were:

Malcolm Ojera - CEO	Dolly Smith - Deputy CEO
Megan Firth - CFO	Charlie Royce - Deputy CFO
Harrison Wheeler - COO	Jonah Omigie - Deputy COO
Urvvi Kumari - Estate Lead	Orla Grylls - Deputy Estate Lead

CEO REFLECTIONS

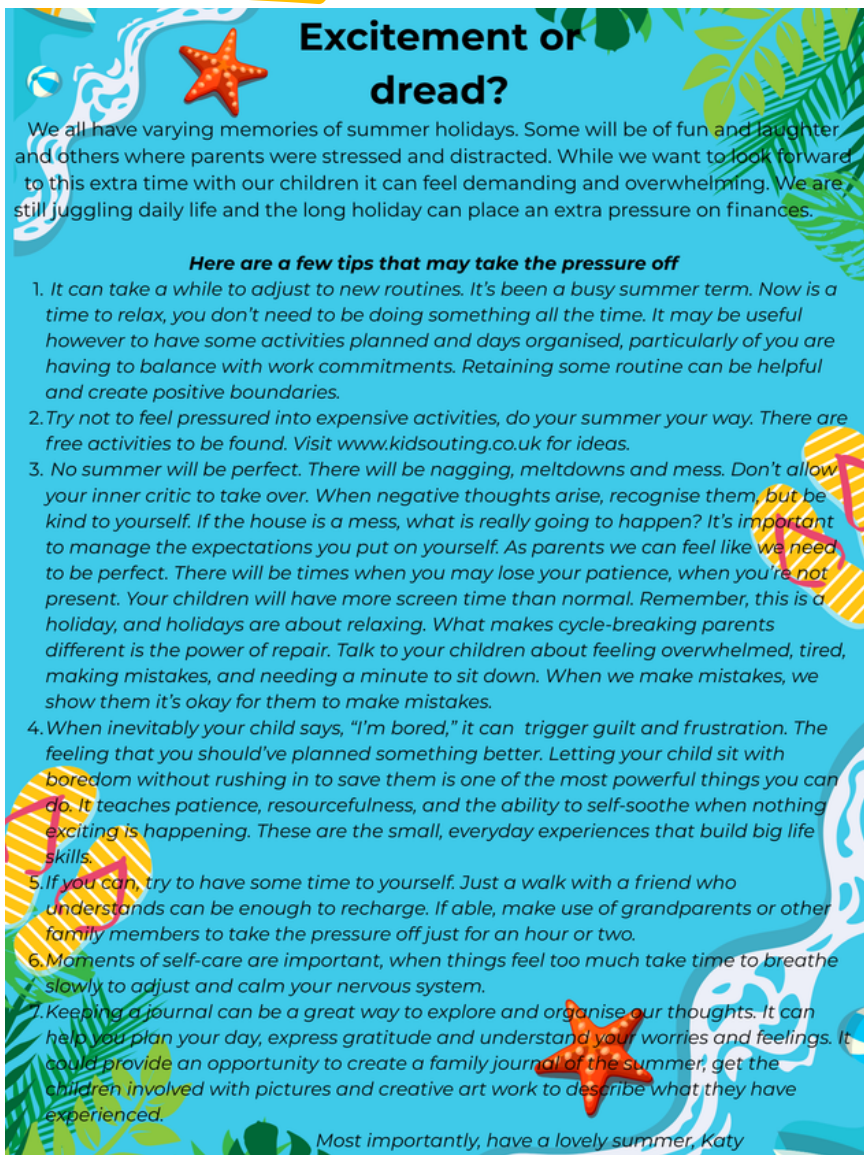
This month we have learnt about Wilma Mankiller, Andy Warhol, King Charles.

A member of our Central Team reads a book from a series of books called "Little People, Big Dreams" to teach the children about the great things that people do that demonstrates the rights of a child. It's also a great way for adults to learn more than just their story of being famous so we encourage you to take a look. Recordings of our readings can be found under the [Our Community](#) section of our website.





KATY'S CORNER



Excitement or dread?

We all have varying memories of summer holidays. Some will be of fun and laughter and others where parents were stressed and distracted. While we want to look forward to this extra time with our children it can feel demanding and overwhelming. We are still juggling daily life and the long holiday can place an extra pressure on finances.

Here are a few tips that may take the pressure off

1. It can take a while to adjust to new routines. It's been a busy summer term. Now is a time to relax, you don't need to be doing something all the time. It may be useful however to have some activities planned and days organised, particularly if you are having to balance with work commitments. Retaining some routine can be helpful and create positive boundaries.
2. Try not to feel pressured into expensive activities, do your summer your way. There are free activities to be found. Visit www.kidsouting.co.uk for ideas.
3. No summer will be perfect. There will be nagging, meltdowns and mess. Don't allow your inner critic to take over. When negative thoughts arise, recognise them, but be kind to yourself. If the house is a mess, what is really going to happen? It's important to manage the expectations you put on yourself. As parents we can feel like we need to be perfect. There will be times when you may lose your patience, when you're not present. Your children will have more screen time than normal. Remember, this is a holiday, and holidays are about relaxing. What makes cycle-breaking parents different is the power of repair. Talk to your children about feeling overwhelmed, tired, making mistakes, and needing a minute to sit down. When we make mistakes, we show them it's okay for them to make mistakes.
4. When inevitably your child says, "I'm bored," it can trigger guilt and frustration. The feeling that you should've planned something better. Letting your child sit with boredom without rushing in to save them is one of the most powerful things you can do. It teaches patience, resourcefulness, and the ability to self-soothe when nothing exciting is happening. These are the small, everyday experiences that build big life skills.
5. If you can, try to have some time to yourself. Just a walk with a friend who understands can be enough to recharge. If able, make use of grandparents or other family members to take the pressure off just for an hour or two.
6. Moments of self-care are important, when things feel too much take time to breathe slowly to adjust and calm your nervous system.
7. Keeping a journal can be a great way to explore and organise our thoughts. It can help you plan your day, express gratitude and understand your worries and feelings. It could provide an opportunity to create a family journal of the summer, get the children involved with pictures and creative art work to describe what they have experienced.

Most importantly, have a lovely summer, Katy

A message from Dr. Faris



As we look ahead to next year, we want to plan thoughtfully and make our schools even better for every child in them. Your views, and those of your children, matter deeply to us.

Please take a few minutes to complete this survey: <https://forms.gle/kQaHQFwiTJ3E7NHHA>

As a charity, we try to strike the right balance, providing the oversight, challenge and support that helps our schools improve, while ensuring each school retains enough autonomy to serve its own families and community in the way that works best for children. We hope this survey will help us gauge that balance.

www.schoolsforeverychild.org